



## Medical Guidelines for Working in the Rail Industry

**Key points** for people considering Careers in Rail "Safety Critical" occupations (SCP):

- Apply for positions of Locomotive Engineer; Conductor; and Rail Traffic Controller
- Section 35 mandates regular medical examinations;
- Physicians and optometrists must notify the railway company's Chief Medical Officer if a person occupying a safety critical position has a medical condition that could be a threat to safe railway operations;
- Guidelines for physicians and optometrists are available for hearing; vision; epilepsy; cardiovascular disorders; diabetes; and mental disorders;
- You must have your vision and hearing tested to be properly assessed for:

### **Fitness for Duty**

#### **Hearing**

#### **Vision**

1. Distant acuity
2. Near acuity
3. Visual fields testing

#### **Colour vision**

#### **Extra-ocular muscle balance**

**Note:** Accommodations to these requirements may be made based on an assessment by the Chief Medical Officer of a railway.

Drug screening and security checks are part of the hiring process.

For clarification or information on other medical conditions please ...

**Consult your physician and the Medical Guidelines, Rules, and Handbook:**

[http://www.railcan.ca/documents/E-F\\_Pamphlet.pdf](http://www.railcan.ca/documents/E-F_Pamphlet.pdf)